

# STAYNER & AREA LACROSSE ASSOCIATION

## RULES OF OPERATION

ADOPTED SEPTEMBER 2007



# Stayner & Area Lacrosse Association RULES OF OPERATION – SEPTEMBER 2007

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## INTRODUCTION

Through the programs set by OLA, they are attempting to give all participants the opportunity to play in the level of lacrosse they are most suited for. This level will give each individual the experience for personal growth and development.

'Winning at-all-cost' attitudes are never the focus and will not be accepted at the expense of fun, respect, safety and good sportsmanship.

## LEVELS

### Peanuts – Development Program (5 yrs and younger)

These players will participate in a soft lacrosse program, which emphasizes fun and skill development. With this program there will be no formal games or tournaments.

### House League

House League will provide opportunity for development in SHL. Emphasis will be based on improving skills, learning the rules of the game, safety, fair play and respect. House League teams will compete only against other House League teams in SHL.

### Zone Lacrosse

Zone Teams will be comprised of players who desire a higher level of competition. Zone Teams will play other Zone Teams within Zone 4. Coaches and teams are encouraged to place emphasis on team strategies, further skill development, safety, fun and respect. Zone teams will compete in the Provincial Championships in August. Teams will abide by the constitution, rules, regulations and Codes of Conducts of SHL and the OLA.

## DEFINITIONS

CLA	Canadian Lacrosse Association
OLA	Ontario Lacrosse Association
SHL	Stayner & Area Lacrosse Association
Zone	Representative Lacrosse
HL	House League Lacrosse
AP	Affiliated Players
AGM	Annual General Meeting
SAGM	Semi-Annual General Meeting
Zone 4	Barrie, Huntsville, Innisfil, Midland, Orillia, Shelburne, Stayner, Sudbury, Thunder Bay, Tri-Town

## SECTION 1

### CODE OF CONDUCT AND ETHICS

This Code for Conduct identifies the standard of behaviour which is expected of all OLA members and participants, which for the purpose of this policy shall include all players, guardians, parents, coaches, officials, volunteers, directors, officers, committee members, convenors, team managers, trainers and administrators involved in OLA activities and events. This also includes all SHL and Zone 4 activities and events.

OLA is committed to providing an environment in which all individuals are treated with respect. Members and participants of OLA shall conduct themselves at all times in a manner consistent with the values of OLA, which include fairness, integrity and mutual respect.

During the course of all OLA activities and events, members shall avoid behaviour, which brings OLA or the sport of lacrosse into disrepute, including but not limited to abusive use of alcohol, use of non-medical drugs and use of alcohol by minors.

OLA members and participants shall at all times adhere to OLA's operational policies and procedures, to rules and regulations governing OLA events and activities, and to rules and regulations governing any competitions in which the member participates on behalf of OLA.

Members and participants of OLA shall not engage in any activity or behaviour which interferes with a competition or with any player or team's preparation for a competition, or which endangers the safety of others.

Members of OLA shall refrain from comments or behaviours, which are disrespectful, humiliating, demeaning, offensive, abusive, racist or sexist. In particular, behaviour, which constitutes bullying, harassment or abuse will not be tolerated, and will be dealt with under OLA's Harassment & Abuse policy. Failure to comply with this Code of Conduct may result in disciplinary action in accordance with the Discipline Policy of OLA and/or as deemed appropriate by the CLA executive. Such action may result in the member losing the privileges, which come with membership in OLA, including the opportunity to participate in OLA activities and events, both present and future.

## SECTION 2

### ELIGIBILITY AND REGISTRATION

2.1 Rules for player eligibility will be adhered to as prescribed by the rules of the OLA and participating SHL rules.

2.2 Participation is open to all persons eligible under 2.1 upon payment of the prescribed registration fees and in compliance with registration requirements including provision of proof of age as herein after provided.

2.3 SHL Executive shall determine registration procedures, fees and dates annually.

2.4 Full registration fees shall be paid or on file with the Treasurer prior to the start of the lacrosse season. The SHL Executive is empowered to prohibit any player from practicing or playing until these conditions have been met.

2.5 In the event that 2.4 creates undue hardship, an appeal may be made to SHL Executive. Each case will then be taken into consideration and a plan will be developed on an individual basis. All reasonable attempts will be made to insure a process that benefits both the specific case and SHL. All proceedings will be confidential.

2.6 All applicants must be registered on a designated registration form as decided by SHL. At registration, a parent or legal guardian must sign SHL application form and any applicable OLA registration form.

2.7 In the event that registration does not generate enough players to create a team, the parents or guardians of the affected player will be informed as soon as possible.

2.8 All players must be registered with SHL by the final registration date declared by the SHL Executive, before any release is granted to play in another centre in the event that SHL cannot form a team due to lack of registrants, as per OLA regulations.

2.9 All newly registered players with SHL must provide a copy of the players' birth certificate at the time of registration. No player will be allowed to participate in on floor activities or will be put on a player roster unless a copy of their birth certificate is provided to the Registrar. All other players must have a copy of their birth certificate on file with SHL. In the event that these copies are misplaced, the parent or guardian must supply another copy at the request of the Registrar.

2.10 Ages per division will be those set by the OLA.

2.11 Any requests for refunds of registration fees must be in writing and will only be accepted until May 22 of the current season. All refunds granted will be subject to a nonrefundable administration fee of \$25.00.

2.11.1 No refund will be issued until any equipment belonging to SHL is returned in acceptable condition.

2.11.2 No partial refunds will be issued due to illness or injury for part of the season.

## SECTION 3

### EQUIPMENT AND UNIFORMS

3.1 SHL will supply 1 set of sweaters to all teams whenever possible. All teams will wear the colours prescribed by the Executive.

3.1.1 No name banners are to be attached to SHL sweaters with the exception of the sponsorship banners.

3.1.2 SHL sweaters are to be used in game situations only, or for other situations as deemed appropriate by the Executive.

3.1.3 Sweaters are to be collected after each game, and kept in good condition by a team official (Coach, Manager or Trainer).

3.2 All on-floor volunteers (18 years and younger) must wear CSA protective headgear during practices.

3.3 All players during games and practices must wear the proper protective equipment as follows:

- i) Approved facemasks with full-face protection and CSA approved headgear including properly fastened chinstraps. Note that any alteration to CSA headgear (i.e. painting or adhering decorative stickers) to the original helmet will void the CSA approval.
- ii) Approved athletic support and cup or Jill.
- iii) Approved lacrosse gloves.
- iv) Approved lacrosse kidney pads.
- v) Approved shoulder pads and elbow pads.
- vi) A regulation lacrosse stick must be used for all practices and games.
- vii) Mouth guards are mandatory for ALL players.

3.4 Goaltenders must wear, in addition to the above equipment, a HC facemask and CSA approved helmet, chest pad, goalie gloves, goalie pads, neck guard, throat protector and must use a regulation goal stick.

3.4.1 The responsibility of the care of the goaltenders equipment lies with the Coaching staff if the goaltender is a rotating position on the team, or the goaltenders' parent/guardian, if they are the primary user of the equipment.

3.5 All equipment must be as per requirements of the CLA, OLA or any group with whom SHL may be affiliated.

3.6 The Coach will be responsible for returning any equipment issued to his/her team, including sweaters, goaltending equipment, pylons, balls or other practice equipment immediately following the completion of their season.

3.7 In the off-season, goaltending equipment can be borrowed for summer or training camps promoting skills development of the goalie, at the discretion of the Executive. Goaltending equipment will not be loaned for any summer lacrosse leagues or any tryouts with another centre.

## SECTION 4

### COACHING SELECTION

4.1 All coaches are to fill in a coaching application at the time of registration and submit to the Director of Player Development.

4.2 The Selection Committee will meet prior to the start of any tryouts to review all coaching applications and make preliminary coaching selections.

4.3 Final coaching selections will be done prior to the final team selections by the Selection Committee.

4.4 Coaches are responsible for selecting their own coaching staff, however it is strongly recommended that other people who have applied for the same coaching position be given the opportunity.

## SECTION 5

### TEAM SELECTION AND PLAYER EVALUATION

- 5.1 All players are required to play for the team that they are selected for.
- 5.2 Evaluation of all players will take place at all levels before teams are selected.
- 5.3 The Director of Player Development will organize selection committees for each age group to evaluate the players. The Selection Committee shall consist of a minimum of 2 people.
- 5.4 SHL will try to secure floor time for conditioning camps prior to player evaluations.
- 5.5 Player evaluations will begin April 1 {or when floor time is available} and consist of 1 conditioning camp and a minimum of 2 tryout sessions and 1 exhibition game {if available}.
- 5.6 During the tryout sessions, some cuts will be made in order to ease the player evaluation process. For those players that are cut, every attempt will be made to provide floor time for the house league team.
- 5.7 A committee consisting of the Director of Player Development, Selection Committee and the coaches for both the zone and house league teams will make the final player selection.
- 5.8 Once final team selection has been made the appropriate coaches will notify the players immediately to inform them which team they are on.
- 5.9 If enough players exist to form more than one house league team in a given category, every effort will be made to make the teams balanced. In order to achieve this no special requests will be considered unless they involve members of the same family.

## SECTION 6

### AFFILIATED PLAYERS

- 6.1 All coaches involved will establish an AP list. The coach of the child's regular team will then contact the parents of the player to gain their permission to put the player on the AP list.

- 6.2 No player may be deleted from an AP list.
- 6.3 Players are only allowed to affiliate to one team.
- 6.4 Affiliations will only be permitted under the following circumstances:
- i) When a team is missing one or more regular players from its approved roster due to illness, suspension, work, personal business or injury.
  - ii) When the AP or goaltender does not already have a commitment to his own team {Game or Practice}
- 6.5 Goaltender affiliation: If a team has only one rostered goaltender, or a team has two rostered goaltenders and one is missing, they may, in case of injury, have their affiliated goaltender attend the game, but the affiliated goaltender may only participate if the regular goalie is injured.
- 6.6 An AP may take regular shifts as determined by the team officials. The AP's floor time should never be at the expense of a rostered players' floor time. APs may play regular shifts but must not take floor time from the rostered team members.
- 6.7 Coaches who wish to use AP must follow the following procedures:
- i) An AP list must be established and approved by the Zone Convenor.
  - ii) Contact the AP's coach and obtain their permission.
  - iii) Contact the AP's parents and obtain their permission.
  - iv) Ask the AP to play.
  - v) Indicate the AP on the game sheet as an AP.
- 6.8 Coaches are to use all AP listed on their AP list during the regular season, as they are required on a rotational basis.
- 6.9 Any player may play as an AP provided that they are on an approved AP list and it does not interfere with any regular scheduled game or practice during the regular or playoff season.

## SECTION 7

### PLAYER RELEASE

- 7.1 The responsibility for the release of any player from SHL is vested with the Executive and rules governing the issue of release per OLA.

7.2 While the Executive will review a written application for release of any minor lacrosse player, as a general rule, it will be the policy of SHL not to be in favour granting such a release.

7.3 In the event that SHL cannot field a team in any age division in a given season, a release will be granted for the current playing season only, for the player to play in their next nearest centre, providing that player first registers with SHL, within the timeframe provided by SHL.

7.4 No player will attend any tryouts for any other centre without first obtaining written permission from the President.

## SECTION 8

### CONDUCT AND DISCIPLINE

8.1 Any Association Member, Executive Member, Coach, Manager, Trainers or Players shall be subject to:

8.1.1 Suspension from the Association's activities if he/she:

- i) Contravenes in any way the General By-law(s) or the
- ii) Rules of Operation of SHL.

8.1.2 Disciplinary action and/or suspension for conduct not befitting the intent or objectives of SHL. SHL Disciplinary Committee will administer such action.

8.2 Any member of SHL, Coach, Manager, Trainer or player who deliberately damages or defaces facilities used by, or equipment of SHL, shall forthwith be suspended from SHL until the cost of repair or replacement of the damaged equipment has been paid in full.

8.2.1 In addition to the suspension and the payment of damages, the offending person maybe subject to further disciplinary action and/or suspension at the discretion of the Disciplinary Committee of SHL.

8.3 The use of alcohol or drugs at any SHL sponsored function, or in any arena or other facility used for such function, by any Coach, Manager, official, Trainer or player affiliated with SHL, will not be tolerated and may lead to suspension, without refund (where applicable), for the balance of the season. This includes games, practices, tournaments and any other trips made by the team.

8.4 All Coaches are required to hold a team meeting prior to the start of the regular season. The Coach must provide the parents with his/her philosophy on floor time, player position rotation, discipline, tournaments and communication.

- 8.4.1 Any Coach who deems disciplinary action to be necessary against an individual player on his/her team, for any reason, must approach the Executive and have in writing the reason for the suspension, the effective date and length of suspension. This suspension must be delivered to the individual in person by SHL.
- 8.4.2 If a Coach recommends that circumstances warrant immediate suspension (disciplinary problem of a violent nature or drug/alcohol nature), then suspension maybe immediate but must be brought to the Disciplinary Committee meeting within 48 hours of the incident.
- 8.5 Any player who willfully plays, or any Coach or Manager who allows a player to play, who is found to be ineligible, shall be subject to disciplinary action and/or suspension.
- 8.6 CLA, OLA and SHL playing rules will govern discipline and suspension for players, Coaches, and Trainers.
- 8.6.1 Any player, Coach, Trainer or Manager who is suspended by the OLA and/or under SHL rules may, at the discretion of the Disciplinary Committee, have his/her suspension reviewed by the Disciplinary Committee of SHL for further action.
- 8.7 The Disciplinary Committee can automatically indefinitely suspend any SHL player, who takes part in any fighting before or after the game on arena property, or in the parking lot, subject to review.
- 8.8 Forwarding of the game sheets and reporting of suspensions to the Zone/HL convenor or his/her delegate will be the responsibility of the Coach. This is to be done within twenty-four hours of the conclusion of SHL game.
- 8.9 For any suspension that cannot be completely served in a given season the remainder of the suspension will carry into the following season.
- 8.9.1 At no time will a team be allowed to re-schedule a game after a suspension has been assessed in order to lessen the severity of a suspension.

#### Playing in Other Leagues

- 8.10 All players registered in SHL may not participate in any other Leagues with the exception of field lacrosse.
- 8.10.1 Those players who disobey this rule are subject to disciplinary action, including suspension without refund in whole or part.

### Complaints

8.11 All complaints must be brought to the Manager of the team first. The Manager will then discuss it with the coaching staff. If the complaint is still not resolved the complaint will then be taken to the President {in writing} and will be brought to the attention of SHL Executive for resolution.

8.11.1 Any complaints dealing with prevention services issues must be received in writing by the President within five days of the incident.

### Conflict of Interest

8.12 Any Executive Member must declare a conflict of interest if a business or personal relationship between any parties exists.

### Confidentiality & Attendance

8.13 All Executive Meetings are classed as "In Camera", and items discussed remain within the confines of the members present. Any Executive member not adhering to this policy will face suspension.

### Twenty-Four Hour Cool Down Rule

8.14 All parents, guardians, Coaches and players must wait twenty-four hours before lodging a complaint. Once the twenty-four hours has expired the complaint can be filed as per section 8.11.

### Dressing Rooms

8.15 All Coaches are responsible for supervision of their dressing room or rooms from ½ hour before practice or game time, until the last player leaves the dressing room after a practice or game. The Two Deep rule is in effect at all times. This means two coaching staff or a coaching staff and a parent.

8.15.1 All female players may use the allocated dressing room provided by SHL.

8.15.2 Players and coaching staff must never shower together at the same time following a practice or game.

8.15.3 Any policies adopted by the OLA regarding co-ed teams will be in effect.

### Transportation of Athletes

8.16 Transportation to and from any scheduled game, practice or other team activity is the responsibility of the players' parent/guardian. No team official is allowed to transport an athlete without the parent's consent. If a team official does transport an unrelated athlete the Two Deep Rule must be followed.

### Injuries

8.17 No SHL player is allowed to play with an injury. A player with an injury must have a Doctor's note before being allowed to return to play. The Trainer will have final say on when a player returns to play after a minor injury.

### Road Trips

8.18 Any team attending an overnight tournament or a game that requires an overnight stay must follow SHL transportation of athletes rule. As well, no coaching staff member and unrelated athlete shall share accommodations, without written parent/guardian consent.

### Releasing Children From Supervision

8.19 All players of SHL shall be picked up on time following practices, games, tournaments and special trips. If this is not possible a message should be left at the arena. An alternative contact person's number will also be made available to the Coach. If a caregiver is late the following procedure will be followed:

- 8.19.1 10-15 minutes: Coach will check messages for instructions from the caregiver. He/She will then wait with the child until pickup. Two Deep Rule applies.
- 8.19.2 30 minutes: Coach will try the parents at their work/home and will also contact the alternative contact person provided by the parent. Coach will remain with the child until the parent or alternative contact picks up the child. Two Deep Rule applies
- 8.19.3 45 minutes: Coach will contact local police to inquire about accidents. Coach will continue to call the alternative contact to try to arrange for pickup of the child.
- 8.19.4 Over 1 Hour: Coach will contact the local Child Protection Agency for advice and instructions.

### Volunteers/Members with Criminal Records

8.20 SHL owes a duty of care to its clients, to staff and to the community. Acceptance of this duty is reflected in all our programs, services and activities, as well as our policies and procedures.

8.21 SHL recognizes that some of the positions in the Association are of a significant trust. People applying for and undertaking these positions of trust will be subject to more intense initial and ongoing screening and supervision than individuals in placements, which are not positions of trust

8.22 SHL will not discriminate against any person on the basis of these grounds (age, sex, marital status, etc) unless there is a bona fide reason related essentially and explicitly to the position being applied for, and will do so with due consideration for the need to accommodate applicants where possible.

8.23 Individuals with past Criminal Code convictions, ten years or more recent, or charges pending for certain offences may not be accepted for a direct service position with vulnerable clients. These offences include, but are not limited to the following:

8.23.1 Ten years or more recent:

- i) Individuals with past convictions or charges pending for criminal driving
- ii) offences, including but not limited to impaired driving.
- iii) Individuals with past convictions or charges pending for drug offences.
- iv) Individuals with past convictions or charges pending for any violent offence, whether or not it involved weapons.

8.24 Individuals with past Criminal Code convictions, charges pending or pardons for the following offences WILL NOT be considered for a direct service position:

- i) Physical or Sexual Assault.
- ii) Current prohibitions or probation orders forbidding the individual to have contact with children under the age of 14.
- iii) Indictable criminal offenses for child abuse.
- iv) Sexual exploitation.
- v) Sexual interference.
- vi) Invitation to sexual touching.

8.24.1 Applicants may be rejected as a result of other information gained during the police records check process or through the screening process.

8.25 Every volunteer once accepted, is obliged to inform the Abuse and Harassment Director if he/she or she is charged, tried or convicted of any offence under the Criminal Code, if that offence is relative to a position of trust held by an individual.

8.26 Once accepted as a volunteer with SHL you will be required to complete a police record check every year.

8.27 SHL will accept a completed Police check by an applicant providing it is a year or more recent.

#### Situations

8.28 Situations arising during the season that are not covered under the rules will be referred to the Disciplinary Committee for their ruling.

8.29 That ruling will stand for the season and be referred to the Executive for the future.

8.30 Similarly, in a game situation the President may make a decision to cover any items not covered in the By-Laws or Rules of Operations.

8.31 In such cases those rulings will immediately be referred to the Disciplinary Committee for future application during the season.

8.32 No team may appeal the game as a result of any decision made under the above rulings.

8.33 Any rule changes affecting OMHA or HC teams made by those bodies before or during the season will be in force immediately and included in the next revision of SHL By-Laws or Rules of Operations as required. Any fines incurred by any coaching staff, will be their sole responsibility, not that of SHL. Fines will be paid to the Treasurer of SHL. Suspension of coaching staff that have incurred the infraction will not be allowed back on the bench until such fine has been paid in full.

## SECTION 9

### COACHES/TRAINERS/MANAGERS/VOLUNTEERS

9.1 All teams will include a minimum of a Coach, Trainer, Manager and Parent. All bench staff, excluding the trainer, must be certified as a coach as per OLA rules. Only one Trainer will be allowed on the bench.

9.2 All team officials on the bench during any game must print and sign their names on the official game sheet and include their certification number in full.

9.3 Coaches, Trainers, Managers or volunteers who disregard their responsibilities shall be liable to disciplinary action.

9.4 Head Coaches are responsible for their team's affairs. Discipline in team matters will be addressed to the head Coach.

9.5 Coaches and Trainers must be certified as per qualifications prescribed by the OLA.

9.5.1 Every effort will be made to ensure the Trainer for each team be certified as a Level 2 Trainer, which means in addition to the required HTCP certification, they possess a current and recognized First Aid and CPR Certificate.

9.6 Coaches, Trainers and Managers will not smoke, swear or be under the influence of alcohol while in the presence of their players (i.e. while on the floor, bench or in the dressing room).

9.7 Practice helpers must be at least 2 years older than the group they are assisting with. Full lacrosse equipment is required for any helpers younger than 14 yrs. 14 yrs + can wear same equipment required by the coaches.

9.8 All on-floor volunteers (18 years and younger) must wear CSA approved helmets while on the floor during practices.

9.10 Consideration should be given to the players if any of the team officials are of the opposite gender. While the Two Deep applies, players should be allowed to dress in equipment, with team officials of the same gender present in the dressing room. ALL team officials can return to the dressing room, for the pre-game talk.

#### Responsibilities Of Coaches

9.11 To ensure the proper observance of the Constitution, By-laws, Rules of Operation and Code of Conducts of SHL, the OLA and the League their team will participate in.

9.12 To acquaint their team members with the CLA, OLA, SHL Rules, regulations, policies, constitutions and Code of Conducts. In addition they will acquaint their team members with the Rules and Regulations of the league they are participating in.

9.13 To exercise control in the conduct of their players and themselves. They must endeavor at all times to prevent disorderly conduct before, during and after any games or practices, on or off the floor, in any arena or while taking part in SHL activities.

9.14 Coaches who fail to conduct themselves to a standard acceptable to SHL, or who repeatedly are ejected from games due to their conduct on the bench or in the stands, will face disciplinary action by the Disciplinary Committee.

9.15 Be in attendance of his/her appointed team at all times. This means in the dressing room prior to and following a game or practice. The Two-Deep rule should be adhered to at all times by the coaching staff.

9.16 To ensure that the required numbers of players are ready for every game.

9.17 To advise the President if he/she is unable to fulfill his/her obligation to attend a scheduled practice or game. The President will ensure that another qualified Coach will be in attendance to conduct or assist with the practice, or fill in as Coach for the game.

9.18 To complete their League schedules as provided to them. Any Coach whose team does not attend a regularly scheduled game may face disciplinary action from SHL and / or the League.

#### Responsibilities Of Managers

9.19 To ensure the efficient operation and decorum of their teams throughout the season. The Manager shall ensure that the Rules of Operation of SHL, OLA and the League are strictly followed.

9.20 To provide a completed, signed game sheet to the game timekeeper prior to the commencement of each game.

9.21 Report the intent of the team to participate in any exhibition games or tournaments to their League Convenor prior to the event. Failure to report this participation may result in disciplinary action.

9.22 Ensure the care, keeping and return of all SHL equipment used by their team during the season.

9.23 Other duties as agreed to with the Coach.

### Responsibilities Of Trainers

9.24 To supervise the health and incidents of injury of the players on his/her team. It is recommended that all Trainers request a medical certificate for any player injured during a game or practice (resulting in the loss of significant playing time or as the result of an opponent's Match Penalty) before that player returns to the team.

9.25 Completion of an accident report if a player receives an injury during a game or practice as directed by the HTCP. A copy of this report must be faxed to the OLA office and supplied to the Board immediately.

9.26 To ensure that the team parent group is familiar with procedures involving the Emergency Action Plan (EAP) for all games and practices.

9.27 To ensure that the Trainer's kit is available at all games and practices.

9.28 Serve as Trainer for both teams participating in a game, in the absence of the Trainer from the opposing team.

9.29 To be an active participant in the Two-Deep rule while players are in the dressing room.

### Coaches And Teams

9.30 Every player dressed for a game must be given fair floor time. Blatant disregard of this rule, by the Coach, will result in disciplinary action, which could include immediate suspension.

9.31 No player will be allowed on the floor or bench without:

- i) Being dressed in full lacrosse equipment;
- ii) Meeting registration requirements of SHL
- iii) A member of the coaching staff being in attendance

9.32 All Coaches must adhere to OLA Coaches' guidelines.

9.33 Safety precautions must be taken during all games and practices. (i.e. all player and penalty box doors must be closed and locked during practice and games.

9.34 SHL will hold Coaches responsible for player conduct. As Coach, you are responsible for player conduct on the floor, on the bench and in the dressing room. Emphasis should be placed on fair play and respect between all players. Conduct unbecoming of teammates will not be tolerated.

9.35 Players must be dressed 15 minutes prior to game time. Female players will enter the dressing room at this time allowing the coaching staff time to talk with their whole team. This also promotes team spirit. Players arriving late and not dressed 15 minutes prior to the game may be asked to dress elsewhere.

#### Coaches And Parents

9.36 Coaches must meet with the parents when the teams are selected, throughout the season and at the end of the season.

9.37 These meetings are used to explain:

- i) Coaching Philosophy
- ii) Team Operations
- iii) Playing Times
- iv) Tournaments
- v) Team Rules
- vi) Responsibilities of Coaches, Players and Parents
- vii) And any other points that either group wishes to discuss.

9.38 It is essential to keep the lines of communication open.

## SECTION 10

### PRACTICES/GAMES/PLAYOFFS/ TOURNAMENTS/EXHIBITION GAMES

10.1 The Zone and/or House League Convenor will designate all team practice times.

10.2 Practices may be alone or shared with another team or a combination of both throughout the year, based on the amount of teams and floor availability.

10.3 Every effort will be made to ensure teams practice not less than once per week during the regular season, where floor availability and game scheduling allows.

10.4 The Zone and/or House League Convenor are to ensure that all teams are given practice time on a fair rotation, as the floor is available.

10.5 The Zone and/or House League Convenor is responsible to notify one Team Official of their designated practice time, and that Team Official is responsible for notification of the team members.

10.6 If the Coach turns down an allotted practice time, there will be no guarantee that a replacement practice will be scheduled.

10.7 If a team misses an allotted practice time to attend a tournament, there will be no guarantee that a replacement practice will be scheduled.

10.8 No SHL team may participate in more than 3 games in any one day.

10.9 All regular season and playoff games will be subject to the playing times as outlined in the rules of the respective leagues.

10.10 Regular season game schedules will be provided to the teams, as soon as they are delivered to the League Convenors. At no time may a Coach or other team official, re-schedule a game with another centre, or decide not to attend a scheduled game. {Refer to 9.12}

10.11 Failure to comply with this rule may result in disciplinary action from SHL.

10.12 If a regular scheduled games needs to be rescheduled it will be the responsibility of Zone and/or House League Convenor.

### Tournaments

10.13 SHL hosted tournaments shall comply with the rules and regulations of the OLA.

10.14 Teams may not enter more than three out of town tournaments in any season.

10.15 All teams must report, in writing, those tournaments they will be attending, to the Zone Convenor as early as possible in the season.

10.16 Teams are required to meet their League commitments before attending any tournaments.

10.17 Financing for the tournament registrations and accommodations if required are the responsibility of the team.

10.18 The President can, on the advice of the Executive, deny permission for any team to attend any tournament, if circumstances warrant.

10.19 No team may participate in any tournament unless such tournaments have a sanction permit from the OLA or unless the team has permission from the OLA and SHL.

10.20 No team will participate in concurrent tournaments.

10.21 A Coach and Manager wishing to enter their teams in tournaments should familiarize themselves with the Participating Regulations included in the OLA Manual of Operations.

#### Exhibition Games

10.22 All teams participating in Exhibition games in SHL or in another centre must report such games to the President and Zone Convenor at least 72 hours prior to commencement of the game.

10.23 Zone and HL teams may only participate in Exhibition Games with another OLA registered team.

## SECTION 11

### TIMETABLE OF EVENTS

REGISTRATION – February/March

START OF SEASON – Late April

ZONE TOURNAMENTS – 1<sup>st</sup> 2 Weekends in June

HL END OF SEASON – Late July

PROVINCIALS - August

BANQUET – September / Date to be announced

## SECTION 12

### 2007 -2008 EXECUTIVE MEMBERS

President	Tracey Mattice	traceymattice@sympatico.ca
Past President	Mike Cramer	scramer@sympatico.ca
Vice-President	Gil Godin	emptypocket2@hotmail.com
Treasurer	Sue Gillespie	suziq2@sympatico.ca suziq2.500@msn.com
Registrar	Kelly Handt	ark.1@sympatico.ca kelly.handt@bdc.ca
House League Director	Steve Dzivy	babs.habs1@rogers.com steve.dzivy@idq.com
Zone Director	Scott Morrison	morrisco@sympatico.ca
Equipment Director		
Sponsorship / Fundraising Director	Lotti Matthews	beachdwellerl@rogers.com
Media/Publicity Director	Brenda Chapman	brenda.chapman@marlintravel.ca
Referee-in-Chief	Bob McCandless	bobmccandless@rogers.com
Secretary	Angela Morrison	morrisco@sympatico.ca
Director of Player Development	Andy Mattice	traceymattice@sympatico.ca
Director of Parent Reps	Jen Hayward	
Canteen Director	Tina Kuuter	toddandtina@sympatico.ca
Director of Tournaments	Eunice McShane	emartinmcs@look.ca
Director at Large #1	Gail Scott	gscott63@msn.com
Director at Large #2	Ron Handt	rhandt@bmts.com ark.1@sympatico.ca